NEWS RELEASE

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FOR IMMEDIATE RELEASE

Award-Winning Comedian and Late Night Host Craig Ferguson to Share Recovery Story at The Council on Recovery's Fall Luncheon

HOUSTON, Texas (Oct. 4, 2023) – The Council on Recovery is excited to announce that Craig Ferguson will be the keynote speaker at its Fall Luncheon on October 13, 2023, at the Hilton Americas – Houston. Proceeds from the luncheon will fund The Council's programs that help individuals and families affected by substance use and co-occurring mental health disorders.

Craig Ferguson is a multiple Grammy-nominated, Peabody and Emmy Award-winning actor, writer, producer, director, and comedian with a diverse career that encompasses film, television, and the stage. He hosted the wildly popular "Late



Late Show with Craig Ferguson," which ran for ten years on CBS and remains a fan favorite. He achieved notable success on the North American comedy circuit and has performed to sold-out theaters all across the country, including Carnegie Hall and Radio City Music Hall. Craig has recorded five widely acclaimed stand-up comedy specials and is also a New York Times bestselling author.

With more than 30 years of sobriety, Craig has shared candidly about his personal experience of recovery through his late night show, stand-up comedy, and writing with both humor and humility. In conversation with Sean Fitzpatrick, PhD, Executive Director of the Jung Center of Houston, Craig's recovery story will help The Council raise awareness of the connection between substance use and co-occurring mental health disorders, which is often overlooked and unaddressed by behavioral health and healthcare providers.

"Half of those struggling with addiction also have a mental health condition such as depression, anxiety, and PTSD, but only ten percent receive care for both," says Mary Beck, LMSW, CAI, President and CEO of The Council. "Craig's powerful story will not only help us raise awareness of the connection between these conditions but also address the gaps that keep people from receiving holistic treatment."

This event is part of The Council's long-running Speaker Series, which features notable actors, authors, athletes and more discussing their experiences with addiction and recovery. The Council is now accepting corporate and organizational sponsorships and donations for the Fall Luncheon, as well as sales of individual tables and seats at the event. For more information or to purchase a table, contact us at specialevents@councilonrecovery.org or call 281.200.9336.

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The Council on Recovery is Houston's oldest and largest non-profit organization providing the full spectrum of prevention, education, treatment, and recovery services for individuals and families affected by addiction and co-occurring mental health disorders. Our mission is to lead the community in creating a path to freedom from substance abuse and related issues. We strive to provide the highest quality of care at affordable rates, directly serving tens of thousands of individuals each year. Affiliated with the United Way of Greater Houston, The Council receives funding from private contributions and grants, special events, and program fees. For more information, visit <u>www.councilonrecovery.org</u>.