

NEWS RELEASE

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FOR IMMEDIATE RELEASE

Reality Star Mike “The Situation” Sorrentino Shares Recovery Story at The Council on Recovery’s Fall Luncheon

HOUSTON, Texas (Oct. 8, 2024) – The Council on Recovery will hold its annual Fall Luncheon with over 800 attendees on Friday, October 11, 2024, at the Hilton Americas – Houston, with keynote speaker Mike “The Situation” Sorrentino. Proceeds from the luncheon will fund The Council’s programs that help individuals and families affected by substance use and co-occurring mental health disorders.



Mike Sorrentino, also known as “The Situation,” made his television debut in 2009 on the hit MTV reality series “Jersey Shore”. The record-breaking TV show drew millions of viewers each week, taking a look inside Mike’s life and his seven other cast mates. Sorrentino appeared in all six seasons from 2009 through its final episode in 2012.

In 2018, the hit show was rebooted with “Jersey Shore Family Vacation.” In season one of the reboot, Mike made his comeback, showing the world his sobriety, positive lifestyle and “one day at a time” attitude, as well as his college sweetheart and now wife, Lauren. The show, currently in its sixth season, continues to break records and has won various awards.

Most recently, Sorrentino released his insightful and revealing autobiography, *Reality Check: Making the Best of The Situation - How I Overcame Addiction, Loss, and Prison*. Today, Mike is eight years sober, and the Situations continue to make their mark on the entertainment industry while spreading the message of recovery across the country.

In conversation with Sasha Coles, LMFT, LPC, Sorrentino’s recovery story will help The Council address the shame and stigma often associated with substance use disorders. “Mike’s candor in sharing his journey to recovery tackles the stigma of addiction head-on. His bravery will launch an untold number of recovery journeys,” says Mary Beck, LMSW, CAI, President and CEO of The Council.

Sorrentino joins an impressive list of notable actors, authors, athletes, and more who have shared their personal experiences with addiction and recovery on The Council’s stage. Over four decades, the Speaker Series has attracted more than 50,000 attendees, raised more than \$23 million, and allowed The Council to serve more than 1 million people. For more information, contact The Council at specialevents@councilonrecovery.org or call 281.200.9336.

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The Council on Recovery is Houston's oldest and largest non-profit organization providing the full spectrum of prevention, education, treatment, and recovery services for individuals and families affected by addiction and co-occurring mental health disorders. Our mission is to lead the community in creating a path to freedom from substance abuse and related issues. We strive to provide the highest quality of care at affordable rates, directly serving tens of thousands of individuals each year. Affiliated with the United Way of Greater Houston, The Council receives funding from private contributions and grants, special events, and program fees. For more information, visit www.councilonrecovery.org.