

Cradles Project



The Cradles Project is a free and confidential service dedicated to helping new and expecting parents in the Greater Houston area who meet risk factors such as current or past use of drugs and/or alcohol, a current or past case with child protective services, or current or past trauma. Participating parents can have children up to 6 years of age.



Program Goals Include:

- Healthier parental and family lifestyles
- Improved infant and maternal healthcare
- Better birth outcomes and parental/child bonding
- Fewer out of home placements or reduced length of out of home placements

Services Include:

- Screening, assessment, & individualized service planning
- Case management offering connection to essential needs & resources
- Educational classes on parenting, substance use, trauma and emotion regulation skills development
- Fun and healthy bonding activities

**For more information about Cradles or to get started,
please contact cradles@councilonrecovery.org
or 281.200.9110 today.**



You know someone who needs us. 